

January 2019

Cumberland County High School

LUNCH



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Alternate choices are offered each day at all 3 schools. Cheeseburgers on WG Bun are offered as a choice on Tuesdays and WG Chicken on WG Bun are offered on Thursdays. WG Uncrustables are offered daily. Box salads are available at CCMS and CCHS just see the cafeteria staff each Wednesday to order your box salads for Tuesdays and Thursdays of the following week if you would like one.

*****Menu is subject to change due to availability and other factors*****

Monday



7

Hot Dog on WG Bun w/Chili Sauce
Fries
Carrots
Apple Slices and Peaches
Caramel Dip
Milk
Ketchup/Ranch

14

WG Corn Dog
Fries
Carrots
Peaches and Apple Slices
Milk
Ketchup/Mustard/Caramel Dip

21

NO SCHOOL

Martin Luther King Jr. Day

28

Cheeseburger
WG Bun
Spinach/Tomato/Onion
Baked Beans
Fries
Peaches and Apple Slices
Milk
Ketchup/Mustard/Caramel Dip

Tuesday

NO SCHOOL

1

Taco Meat
WG Corn Chips
Shredded Cheese
Black Beans
Corn
Salsa
Applesauce and Strawberries
Milk
Taco Sauce/Sour Cream

15

Chil
Grilled Cheese on WG Bread
Crackers
Carrots
Applesauce and Strawberries
Milk

22

Ham/Cheese Slices
WG Sub Bun
Spinach/Tomato/Onion
Baked Chips
Applesauce and Strawberries
Milk
Miracle Whip/Mustard

29

Philly Beef w/Cheese Slices
WG Sub Bun
Spinach/Tomato
Sauteed Onions & Green Peppers
Fries
Applesauce and Strawberries
Milk
A1 Sauce/Ketchup

Wednesday

WG Chicken Sandwich
WG Bun
Mashed Potatoes
Glazed Carrots
Peaches and Pears
Milk
Sweet and Sour/Ranch

2

WG Chicken Strips
WG Texas Toast
Fries
Gravy
Green Beans
Peaches and Pears
Milk
Sweet and Sour/Ranch

16

WG Sweet and Sour Popcorn Chicken or
WG Popcorn Chicken
WG Egg Roll
Rice
Steamed Broccoli and Carrots
Peaches and Pineapple
Milk
Sweet and Sour

23

WG Chicken
WG Bun
Sweet Potatoes
Green Beans
Peaches and Pears
Milk
Sweet and Sour/Ranch

30

Taco Meat
Soft Shell Tortillas
Shredded Cheese
Salsa
WG Corn Chips
Shredded Romaine Lettuce
Peaches and Pears
Milk
Taco Sauce/Sour Cream

Thursday

Cheeseburger
WG Bun
Spinach/Tomato/Onion
Baked Beans
Fries
Pineapple and Applesauce
Milk
Ketchup/Mustard

3

Hamburger Steak
Baked Potato
WG Rolls
Baked Beans
Pineapple and Applesauce
Milk
A1/Butter Prints/Sour Cream/Shredded Cheese

17

NO SCHOOL

24

Sloppy Joe
WG Bun
Baked Beans
Fries
Pineapple and Applesauce
Milk
Ketchup/Mustard

31

Shredded Pork
WG Bun
Baked Potato
Baked Beans
Pineapple and Applesauce
Milk
Butter Prints/Sour Cream/Shredded Cheese

Friday

Baked WG Spaghetti
WG Bosco Cheese Stick
Marinara Sauce
Spinach Side Salad
Orange and Fruit Sidekick
Milk

4

WG Pepperoni Pizza (S&F Brand)
Corn
Spinach Side Salad
Carrots
Orange and Fruit Sidekick
Milk
Ranch

18

NO SCHOOL

25

WG Fiestada Pizza
WG Corn Chips
Salsa
Corn
Orange and Fruit Sidekick
Milk
Taco Sauce/Sour Cream



Taco Sauce/Sour Cream