

January 2019

Cumberland County Elementary & Middle School

LUNCH

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Alternate choices are offered each day at all 3 schools. Cheeseburgers on WG Bun are offered as a choice on Tuesdays and WG Chicken on WG Bun are offered on Thursdays. WG Uncrustables are offered daily. Box salads are available at CCMS and CCHS just see the cafeteria staff each Wednesday to order your box salads for Tuesdays and Thursdays of the following week if you would like one.

*******Menu is subject to change due to availability and other factors*******

Monday

Tuesday

Wednesday

Thursday

Friday



7

Hot Dog on WG Bun w/Chili Sauce
Fries
Carrots
Apple Slices
Caramel Dip
Milk
Ketchup/Ranch

14

WG Corn Dog
Fries
Carrots
Apple Slices
Milk
Ketchup/Mustard/Caramel Dip

21

NO SCHOOL

Martin Luther King Jr. Day

28

Cheeseburger
WG Bun
Spinach/Tomato/Onion
Baked Beans
Fries
Apple Slices
Milk
Ketchup/Mustard/Caramel Dip

NO SCHOOL

1

Taco Meat
WG Corn Chips
Shredded Cheese
Black Beans
Corn
Salsa
Applesauce
Milk

8

Taco Sauce/Sour Cream

15

Chil
Grilled Cheese on WG Bread
Crackers
Carrots
Strawberries
Milk

22

Ham/Cheese Slices
WG Sub Bun
Spinach/Tomato/Onion
Baked Chips
Applesauce
Milk
Miracle Whip/Mustard

29

Philly Beef w/Cheese Slices
WG Sub Bun
Spinach/Tomato
Sauteed Onions & Green Peppers
Carrots
Fries
Strawberries
Milk

A1/Ketchup

WG Chicken Sandwich
WG Bun
Mashed Potatoes
Glazed Carrots
Peaches
Milk
Sweet and Sour Sauce/Ranch

2

WG Chicken Strips
WG Texas Toast
Fries
Gravy
Green Beans
Peaches
Milk
Sweet and Sour/Ranch

9

16

WG Sweet and Sour Popcorn Chicken or
WG Popcorn Chicken
WG Egg Roll
Rice
Steamed Broccoli and Carrots
Peaches
Milk
Sweet and Sour Sauce

23

WG Chicken
WG Bun
Sweet Potatoes
Green Beans
Peaches
Milk
Sweet and Sour/Ranch

30

Taco Meat
Soft Shell Tortillas
Shredded Cheese
Salsa
WG Corn Chips
Shredded Romaine Lettuce
Peaches
Milk
Taco Sauce/Sour Cream

Taco Sauce/Sour Cream

Cheeseburger
WG Bun
Spinach/Tomato/Onion
Baked Beans
Fries
Pineapple
Milk
Ketchup/Mustard

3

Hamburger Steak
Baked Potato
WG Rolls
Baked Beans
Pineapple
Milk
A1/Butter Prints/Sour Cream/Shredded Cheese

10

17

NO SCHOOL

24

Sloppy Joe
WG Bun
Baked Beans
Fries
Pineapple
Milk
Ketchup/Mustard

Shredded Pork
WG Bun
Baked Potato
Baked Beans
Pineapple
Milk
Butter Prints/Sour Cream/Shredded Cheese

31

Baked WG Spaghetti
WG Bosco Cheese Stick
Marinara Sauce
Spinach Side Salad
Orange
Milk

4

11

WG Pepperoni Pizza (S&F Brand)
Corn
Spinach Side Salad
Carrots
Orange
Milk
Ranch

18

NO SCHOOL

25

WG Fiestada Pizza
WG Corn Chips
Salsa
Corn
Fruit Sidekick
Milk
Taco Sauce/Sour Cream

